

Dream on

Denise Rodgers interprets the visions of sleep

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THE TULSA SENTINEL

If you've been waking up in a cold sweat from dreams where your knife-wielding but dead Aunt Bessie chases you, nude, through your old grade school, you need the Dream Lady.

The Dream Lady is Tulsan Denise Rodgers, a teacher of dream interpretation and metaphysics.

Starting next week, Rodgers will write a regular column in The Tulsa Sentinel explaining the dreaming process and interpreting the meaning of dreams.

"They say that space is the final frontier. I've got news for you, the final frontier is the human mind," she says. "It is much more vast and unknown."

The purpose of dream interpretation, Rodgers says, is to "communicate to the conscious mind a clear, honest, objective perspective about a person's state of awareness, the state of mind."

Although some people have precognitive dreams that predict future events, most dreams are not literal interpretations of waking life, Rodgers says. They are an unconscious response to the conscious state of mind.

The key to understanding that communication is comprehending the symbols that are the language of dreams,

Rodgers says.

From her experiences and research and the research of others, a kind of dictionary of symbols has formed. For example, death in a dream represents a great change that has occurred in the dreamer's life. Modes of transportation represent the physical body. Music represents harmony.

While skeptics consider dream interpretation a "New Age" phenomenon, Rodgers points out that dreams and their meanings have been studied through history, from early Biblical times to Plato to Einstein.

"The study of the mind is a spiritual study. It doesn't have to conflict with your religious beliefs; in fact, it can enhance your understanding of your religion and faith. We dream for a reason."

Rodgers, a native of Oklahoma City, attended the University of Oklahoma where she studied psychology and philosophy.

Unsatisfied with her attempts to find the answers to life's questions, she left OU to study and later teach metaphysics in Chicago at the School of Metaphysics.

"I felt that there was this whole other part of our lives, the inner mind, that we don't really understand," she says.

Rodgers broke from the School of Metaphysics about a year ago and came



Denise Rodgers (in the rear view mirror) speaks the language of dreams.

PHOTO ILLUSTRATION BY DAVID CRENSHAW

to Tulsa to start her own school, Intuitive Mind International.

Besides dream interpretation, she teaches seminars and workshops to schools and businesses about using the mind's potential during waking hours.

She also hits the airwaves across the country as a guest on radio programs,

where she interprets dreams for call-in listeners.

She has been a monthly feature on the morning show on KMOD fm97.5, where she takes some good-natured ribbing from the disc jockeys.

"First and foremost," she says, "I'm a teacher, above everything else I do. I

am very passionate about teaching people about themselves."

To have your dreams interpreted in The Tulsa Sentinel, write to Dream Lady Productions, P.O. Box 700534, Tulsa Okla. 74170. Not all dreams will be interpreted. Personal replies cannot be made.