

Stronger self aim of School of Metaphysics

by Amy Dueben

Local residents will soon have an opportunity to reach their full potential and find a purpose for their existence through metaphysics, the director of the Norman School of Metaphysics said Monday.

Denise Rodgers said the school's first class will begin at 7:30 p.m. to 10:30 p.m. Wednesday in the Andrews Park Building at the corner of Gray St. and Webster Avenue.

Rodgers described metaphysics as the "study of the mind and how it works."

"We encourage and promote awareness of spiritual powers within an individual," she said.

Building a stronger psychological self independent of outside stimuli is the school's goal, Rodgers said.

The approximately 25 students who have enrolled in the class will learn meditation, how to build stronger concentration and memory skills and how to increase self-respect, Rodgers said.

Classes are open to anyone and walk-ins are welcome, Rodgers said.

"We've had some students as young as 17 and as old as 85," she said. "It's basically for the individual who thinks there's more



Rodgers

than this physical existence."

Classes are broken down into three distinct sections — beginning, middle and upper. Although the classes are free, a donation of \$8 is requested.

Each level has a number of printed lessons, reading assignments and mental exercises to complete before a student can move up to the next level, Rodgers said.

The first, or beginning, series focuses on an awareness of self and relationships with others, according to the school's pamphlet. Exercises for the first series are designed to strengthen the student's will and to improve memo-

ry skills.

The second series attempts to help students gain a better understanding of mental and physical laws. Thought transference, astral projection, clairvoyance, visualization and healing are studied at this level, the pamphlet said.

The third, or final, series probes the universal laws and the principles behind the laws. Students learn to use the deepest levels of consciousness and highest energies available to them, according to the pamphlet.

An example of a universal law is the "Complete Law," Rodgers said. The law states, "Seek ye first the Kingdom of Heaven and all else will be given to you."

The decision to establish a school in Norman was made because of interest expressed by Norman residents in the Oklahoma City School of Metaphysics.

The school uses various bibles — from the Catholic Bible to the Hindu's Bhagavad Gita — Rodgers said.

"We feel like there's truth in all the books," Rodgers said. She said all the religious books the

school uses tell the same story of the human mind.

Across the United States there are 28 schools of metaphysics, Rodgers said.

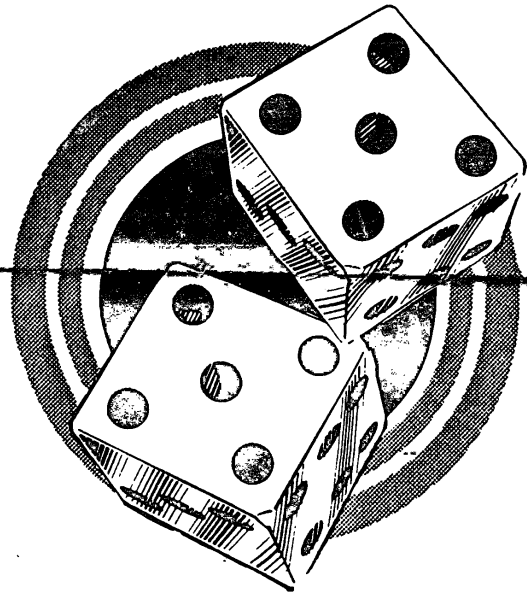
The school plans to buy a house by Aug. 1, Rodgers said.

The only instructor scheduled

to teach at the Norman school, Rodgers has been teaching at the Oklahoma City School of Metaphysics since October, 1984, and is presently a student in the third series of the metaphysical lessons.

She added that The school is a non-profit organization and teachers are not paid, Rodgers said.

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Center interim leader lists goals

by Ron Myles

Commuter Center Interim President Steve Dunn feels the center should move away from the "political image" it has received.

"Some made the center more political than it needs to be," Dunn said. "The center is a commuter service."

Dunn, a senior majoring in micro-biology/pre-med, served as the director of Commuter Action, the social arm of the center, before being appointed to the position by UOSA President Blaine Wesner. His appointment follows the resignation of former center President Barry Curtis. Curtis resigned Sunday, citing "purely economic reasons."

"Helping commuters" is the

main goal of the new administrative leader.

"We want to be of as much service as possible to commuters and the Norman community. We'd also like to receive input from the commuters, to sit back and see what they have to say," Dunn said.

Dunn said there will be no major changes in structure and emphasized he is working toward a "smooth transition" in leadership.

"Barry did a good job here," Dunn said. "I'm still in the learning process."

"I plan to work closely with Faculty Advisor Sara Nixon, and the (center's) cabinet in providing service to commuters," he said.

Dunn has appointed Mike Alexander as the director of Com-



Dunn

muter Action. Alexander, a junior majoring in electrical engineering, is the former assistant director of public relations for the center.

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